



Just **LET GO!**

...It's Simple

- Are you **FEARFUL** about anything ?
Just **Let it Go!**
- Are you feeling **SHAMEFUL** about yourself in any area ?
Let it Go!
- Are you feeling **GUILTY?**
Let that Go too.
- Are you feeling **HATRED** for anyone, any particular person
or group or towards anything in life ?
Let that Go too.
- Are you catching yourself **LYING?**
Let it go.
- Are you feeling we are living in an **illusionary** world?
Let that Go too.
- Are you catching yourself holding onto too many **COMPULSIONS?**
Do's - Don'ts, Right - Wrong, Good - Bad, Shoulds be's, Must be's ?
Just Let Go!
- Are you experiencing any low **EMOTIONS** like
irritation, disturbance, frustration, anger, revenge?
Let that Go too!

Allow everything to flow. Just allow it to leave and **GO!**

It is Simple!

How does one do this?

Discover, understand, experience and apply this simple *mantra* in your life
at the "**JUST LET GO!**" Workshop.

Let us live by it.

It is simple!

All we need to do is *Just Let Go!*

*Observe it,
Allow it,
Accept it
and Move On!!*

JUST LET GO! ...It's Simple!!

